

## رزومه آموزشی- پژوهشی

### نام و نام خانوادگی: سیما زهری انبوهی

استادیار گروه پرستاری داخلی جراحی

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### علائق پژوهشی:

- مراقبت های اورژانس
- مفاهیم آموزش و یادگیری
- مدیریت درد
- مفاهیم پرستاری

## سوابق تحصیلی و شغلی

### 1- وضعیت تحصیلی

الف -نوع مدرک: دکترای

رشته تحصیلی: پرستاری

سال اخذ: 1394

محل اخذ: تهران - دانشگاه علوم پزشکی بقیه الله

ب - نوع مدرک: کارشناسی ارشد

رشته تحصیلی: آموزش پرستاری

سال اخذ: 1374

محل اخذ: تهران - دانشگاه علوم پزشکی ایران

ج- نوع مدرک: کارشناسی

رشته تحصیلی: پرستاری

سال اخذ: 1366

محل اخذ: تهران - دانشگاه علوم پزشکی ایران

## 2- نام سازمان محل خدمت

الف - کارشناس پرستاری ، بیمارستان شفایحیائیان از سال 1366 لغایت مهر 1368

ب - اشتغال به کار در دانشکده پرستاری مامایی دانشگاه علوم پزشکی شهید بهشتی از ابان 1368 تا کنون:

تدریس نظری/عملی / کارآموزی از بدو استخدام تا سال 1378 به عنوان کارشناس و کارشناس ارشد پرستاری در دانشکده

تدریس نظری/عملی / کارآموزی از سال 1378 تا کنون به عنوان هیات علمی

## 3-سوابق آموزشی

مباحث مورد تدریس: تئوری/عملی/کارآموزی

الف - مقطع کارشناسی

اختلالات قلب و عروق، تنظیم خانواده و جمعیت شناسی، هماتولوژی، فوریت های پرستاری و پرستاری بحران، اختلالات تناسلی و پستان، اختلالات کلیوی، آموزش به مددجو، اداره ی درد، ارتباط و ارتباط

درمانی، گزارش نویسی، معاینات بالینی و نشانه شناسی، اصول و مبانی پرستاری (فن پرستاری)، مسمومیت ها، تروما، تریاژ، فوریت های داخلی/طبی

ب - مقطع کارشناسی ارشد

تغییر و تصمیم گیری، معاینات بالینی و نشانه شناسی ، پرستاری پیوند اعضا، آموزش به مددجو، روش تحقیق، اداره ی درد، نظریه ها و تئوری های پرستاری، اختلالات قلب و عروق، مسمومیت ها، تروما،

تریاژ، مبانی مراقبت های پرستاری ویژه

ج - مقطع دکترا

مباحث ویژه در پرستاری، معاینات بالینی و نشانه شناسی ( دکترای تخصصی فارماکولوژی بالینی) ، فلسفه علم

د- تدریس در 50 دوره بازآموزی / کارگاه از سال 1378 تا کنون

#### 4-فعالیت پژوهشی

-استاد راهنما /مشاور 50 مورد پایان نامه کارشناسی ارشد، 5 رساله دکترا

-مجری اول یا همکار طرح در 20 طرح پژوهشی

-ارائه 40 مقاله در همایش و کنگره های داخلی و بین المللی

#### سمت های اجرایی

- دبیر اولین همایش سراسری ایدزآزپیشگیری تا نوتوانی .تهران.اسفند 1384
- دبیر اجرایی دومین همایش سراسری پرستاری بحران.تهران .دی 1385
- دبیر اجرایی سومین همایش سراسری پرستاری بحران.تهران .دی 1386
- عضو کمیته کشوری پرستاری بحران وزارت بهداشت درمان و آموزش پزشکی سال 1385 (مشارکت در طراحی سه دوره مجزای شش ماه ،سه ماهه، و TOT تربیت پرستار متخصص بحران ، مشارکت در طراحی و اجرای کارگاه آموزشی یک ماهه اورژانسهای پرستاری)
- تجهیز و راه اندازی کارگاه مهارت های بالینی تروما دانشکده پرستاری مامایی دانشگاه علوم پزشکی شهید بهشتی در سال 1387
- مسئول کمیته CPR دانشکده پرستاری ومامایی از سال 1386 لغایت 1389
- مربی ارشد بیمارستان لبافی نژاداز سال 1380 لغایت 1387
- عضو شورا پژوهشی دانشکده پرستاری و مامایی دانشگاه علوم پزشکی شهید بهشتی از 1389 لغایت 1400
- رئیس بخش گروه داخلی جراحی از سال 1387 لغایت 1401 به صورت متناوب
- مدیر گروه پرستاری داخلی جراحی از سال 1389 لغایت 1392
- مدیر تحصیلات تکمیلی دانشکده پرستاری و مامایی از سال 1397 لغایت تابستان 1400
- معاون آموزشی،فرهنگی و دانشجویی مجتمع آموزش عالی سلامت ورامین از فروردین 1400 تا کنون

## کتاب ترجمه شده

- زهری انبوهی س. و همکاران. اصول مراقبت از بیمار دوگاس. 2 جلدی انتشارات گلبن. 1382.
- زهری انبوهی س. و همکاران. درسنامه پرستاری بیماریهای داخلی جراحی VII (اختلالات تناسلی و پستان) لاکمن انتشارات آبیژ. 1383.
- زهری انبوهی س. و همکاران. مراقبتهای پرستاری اولریچ (راهنمای برنامه ریزی). 3 جلدی. انتشارات گلبن. 1384.
- زهری انبوهی س. و همکاران. بلاک و هوکس ویرایش هفتم 2005 (پرستاری داخلی جراحی II). تهران. نشر جامعه نگر. 1386
- زهری انبوهی س. و همکاران. پرستاری کودکان مارلو وونگ. انتشارات گلبن. 1386
- زهری انبوهی س. و نیک روان، ملاحظ. اورژانس و کمک های اولیه برای پرستاران. نشر سالمی 1387

## کتاب تالیف شده

- زهری انبوهی س. و دیگران. تریاژ، کمک های اولیه و حمل مصدوم (پرستاری بحران 2). تهران. نور دانش. 1385
- زهری انبوهی س. و دیگران. اداره مصدوم دچار تروما (پرستاری بحران 4). تهران. نور دانش. 1385
- زهری انبوهی س. و دیگران. اداره مصدوم دچار آسیب های محیطی و مسمومیت ها (پرستاری بحران 5). نور دانش. 1385
- زهری انبوهی س. و دیگران. اداره مصدوم دچار سوختگی. (پرستاری بحران 6). نور دانش. 1385
- زهری انبوهی س. و دیگران. اورژانس های زنان و زایمان در وضعیت بحران. (پرستاری بحران 8). نور دانش. 1385
- زهری انبوهی س. و دیگران. اداره مصدومین حوادث شیمیایی، هسته ای و میکروبی (پرستاری بحران 9). نور دانش. 1385
- زهری انبوهی س. و دیگران. فوریت های رفتاری (پرستاری بحران 7). نور دانش. 1386
- زهری انبوهی س. و دیگران. CPR در صحنه (پرستاری بحران 3). نور دانش. 1386
- زهری انبوهی س. و دیگران. راهنمای برنامه ریزی آموزش دوره های کوتاه مدت پرستاری بحران. نور دانش. 1386
- زهری انبوهی س. نیک روان ملاحظ. درسنامه مراقبت های پرستاری در اختلالات قلبی و عروقی. انتشارات نور دانش. 1388

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